

15 MEALS FOR \$15^{EA}

Members \$15, Visitors \$20

AVAILABLE 7 DAYS FOR LUNCH FROM 11.30AM – 2PM



THIS MONTH'S
SPECIAL

Receive a free post mix soft drink with every meal purchased! Redeemable from the HQ Bar day of issue only

Chilli Prawns & Penne pasta mixed with a nap sauce & fresh garlic, topped with 5 grilled prawns, fresh chilli & rocket, served with parmesan cheese & garlic bread

Steak & Bacon Sandwich grilled rump fillet, fried onions, grilled bacon served on toasted sliced bread with lettuce, tomato, double high melt cheese & beetroot, topped with chilli jam, served with steakhouse chips

Chicken Parma crumbed chicken breast schnitzel topped with nap sauce, ham & mozzarella cheese, served with chips & salad

Prawn & Avocado Salad 5 grilled king prawns, mixed lettuce leaves, sliced avocado, radicchio, red onion, cherry tomato & cucumber, tossed in a balsamic & olive oil dressing, topped with mixed nuts

Mediterranean Pizza V tomato base, zucchini, eggplant, sundried tomato, onion, capsicum, artichokes, olives, basil & mozzarella cheese

Barramundi Fillet GF baked & served with mashed potato, steamed vegetables & lemon butter sauce

Chicken Breast Schnitzel (250gm) crumbed chicken breast fillet served with chips & salad

Rump Steak Char-Grilled GF (250gm) 120-day grain fed rump served with chips & salad

Beef & Cashew Noodles thick noodles, beef & cashews nuts, stir-fried with chilli, garlic, soy, broccoli, bok choy, carrots & baby corn

Lamb Shank GF braised with tomato, onion, carrots, celery & mixed herbs, served with mash potato

Butter Chicken tender diced thigh fillet cooked in a traditional butter chicken curry sauce, served with steamed rice

BBQ Baby Back Pork Ribs ½ rack glazed with honey, soy & garlic, served chips & salad

Southern Fried Chicken Burger battered chicken breast fillet, grilled bacon, served on a toasted milk bun with lettuce, tomato, cheese, aioli & steakhouse chips

Pepper Steak GF 2 x 100gm thin slices of grilled rump fillet served with mash potato & steamed vegetables, topped with a creamy pepper sauce

Seafood Basket assorted seafood's served with chips, salad & tartare sauce

All main course meals served with mashed potato & vegetables or chips & salad

Sauce Available at \$2 each: Pepper (GF), Mushroom (GF), Diane (GF) or Gravy (GF)

Please note chips are not gluten free.

(GF = Gluten Free V=Vegetarian)



Swish

PUB GRUB | PIZZA

BREADS

	M	V
Dinner Roll	1.0	1.1
Garlic Bread	6.0	7.0
Bruschetta V <i>diced tomato, spanish onion, fresh basil, & balsamic reduction</i>	8.5	9.5
Rosemary Garlic & Cheese Pizza V <i>rosemary, garlic, mozzarella & extra virgin olive oil</i>	10.0	11.0

FAVOURITES

Loaded Fries <i>steakhouse chips topped with cheese, crispy bacon pieces then grilled & served with ranch dressing</i>	12.0	14.0
Chicken Parma topped with an Italian tomato sauce, ham, mozzarella & parmesan cheese	19.0	21.0
Beef & Bean Nachos topped with tomato salsa, guacamole, cheese & served with corn chips	12.0	14.0
Greek Salad GF & V lettuce, cucumber, onion, tomato, fetta olives with house dressing	12.0	14.0
Chicken Caesar Salad grilled chicken breast, cos lettuce, crispy bacon, croutons, shaved parmesan cheese & boiled egg, tossed in a Caesar dressing	17.0	19.0
Buffalo Wings (10) roasted chicken wings tossed in a hot & spicy sauce then served with ranch sauce	15.0	17.0

KIDS MEALS

Minute Steak & Chips	9.0
Bambino Cheese Pizza 6"	9.0
Chicken Tenders & chips	9.0
Battered Fish & Chips	9.0
Spaghetti Bolognese	9.0

ADD TO ANY MEAL

4 Grilled King Prawns GF	8.0	9.0
100gm Grilled Chicken Breast Fillet GF	5.0	5.5
6 Salt & Pepper Squid	6.0	7.0

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*Please note that some menu items may contain traces of nuts, dairy, egg, soybean, or shellfish.
Please inform our cashier at time of order if you suffer from any allergies.
Chips are not Gluten Free*



St Johns Park
Bowling Club